NOTICE FOR REOPENING OF ACTIVITIES AT PTAAF

DATE: 29/09/2021

CONSIDERING THE COVID-19 GUIDELINES AS ISSUED BY GOVERNMENT OF MAHARASHTRA & MCGM, OUTDOOR ACTIVITIES LIKE TRACK & FIELD ACTIVITIES HAD ALREADY BEEN RESTARTED FROM JULY, 2021.

IT HAS NOW BEEN DECIDED TO REOPEN THE FOLLOWING ACTIVITIES WITH EFFECT FROM **01/10/2021** AS PER THE 'SOP' ATTACHED HEREWITH.

1. BADMINTON
2. TABLE TENNIS
3. OTHER ACTIVITIES i.e. YOGA ETC. AS PER THE COVID-19 GUIDELINES

THE PERIOD OF MEMBERSHIP OF ABOVE ACTIVITIES WILL GET EXTENDED FOR REMAINING BALANCE PERIOD FROM 01/10/2021 SUBJECT TO VALIDITY OF PRIMARY MEMBERSHIP. THE VALIDITY ON THE MEMBERSHIP CARDS SHALL BE GOT RENEWED WITHIN 10 DAYS. PTAAF MEMBERS ARE REQUESTED TO GET THEIR PTAAF ACTIVITIES MEMBERSHIP EXTENSION VALIDATED ON CARDS FOR UNUSED (LEFT OVER) PERIOD ON OR BEFORE 10/10/2021 FOR HASSLE FREE ACCESS TO PTAAF. THE COUNTER TIMINGS FOR THE SAME WOULD BE 10.30 HRS. TO 12.30 HRS. FROM MONDAY TO FRIDAY(EXCEPT HOLIDAYS).

FOR INFORMATION OF ALL CONCERNED

29/9/21

By Order
DCSEM /PTAAF MANAGING COMMITTEE

To,
ALL MEMBERS THROUGH NOTICE BOARDS AT PTAAF/DCSEM WEBSITE

CC to: Chairman & Members of PTAAF MC

STANDARD OPERATING PROCEDURES (SOP) FOR ACTIVITIES OF PHYSICALTRAINING, ATHLETICS & AQUATICS FACILITIES (PTAAF) ON REOPENING CONSIDERING COVID-19 APPROPRIATE BEHAVIOR

SOP as described below, shall be followed on reopening of PTAAF activities till further notice. Please visit Notice board at PTAAF official website www.dcsem.gov.in for further updates and notices.

I) GENERAL:

1. Entry Permission to PTAAF :-

Only members without any symptom of cold, cough, fever etc. are allowed to enter PTAAF premises. Individual with any symptoms (cough, headache, chills, fever, body ache, and difficulty in breathing, loss of smell or taste or any other unusual symptoms) must not enter PTAAF premises.

2. Communication with PTAAF office: -

Any issues/complaints are to be communicated through e-mail (email ID: eicptaa@dcsem.gov.in) only and for further clarification, if any, PTAAF office may be contacted on phone no. +91 22 25486711/12.

3. Payments: -

Please enquire at PTAAF office by telephone or email (eicptaa@dcsem.gov.in) regarding admission and renewal information. Once confirmed, payment may be made by depositing handing over cheque in the name of **Pay & Accounts Officer, DCSEM** at PTAAF cash counter.

NOTE: Name of member, payment purpose, address and preferably membership no. shall be clearly written in the back of the cheque.

4. Enrolment of New Members:-

Enrolment request can be done by filling form available at PTAAF. The same can be downloaded from www.dcsem.gov.in, duly filled form can be scanned and sent by email. The names will be included in the waiting list which will be displayed at notice board at PTAAF. Members will be informed via e-mail once vacancies are available for making payment and enrolment. Status enquiries may be made through phone/email.

5. Safety and Personal Protection norm:-

a) Any member and staff suspected to have Covid-19 like symptoms should undergo RTPCR test for Covid-19 and should avoid entry to PTAAF premises.

b) All players and staff must download & install the Aarogya Setu app for contact tracing, protection and prevention.

c) All members must at least use face masks (for self-protection and protection of others) and carry personal hand sanitizer and water bottle while entering PTAAF premises.

d) **Separate shoes inside PTAAF premises:** members must change their outside used foot wear at the entrance and use separate shoes for PTAAF activities.

e) From the entry point of PTAAF premises onwards, social distance of 6 ft should be maintained.

f) Entry of a member for designated batch will be allowed based on the list after checking at the entrance.

g) Every member shall sanitize their hands by using foot-operated sanitizer dispenser provided by PTAAF prior to proceed for temperatures canning.

h) Temperature scanning of all members will be done at PTAAF entrance at security check point. The same will be recorded in the register against the names of the particular member.

i) Members are required to make a note about their vehicles parking. The vehicles including bicycles are to be parked at the designated place. Bicycle or tricycle will not be allowed inside the premises of PTAAF.

j) Photo ID/membership card is mandatory. The members shall be allowed to enter during their playing slot only. Verification of playing slot and Photo ID/membership card will be done by the PTAAF staff or security personal on duty at entry gate.

The members, who do not have photo ID/membership card issued by PTAAF, shall bring their stamp size colour photo (2 copies) to get the same made on the spot.

k) Few oximeter will be kept in the PTAAF office for use in case of emergency. However, all members coming to PTAAF for physical exercise, viz., Badminton, TT, Fitness, dance etc. are advised to carry their personal oximeter for monitoring purpose.

l) No crowding inside PTAAF premises allowed. Members should leave immediately after their game/exercise as per their batch timings. If any urgent discussions required, ensure maintaining social distance & restrict duration as minimum as possible & not to conduct such discussions on the movement path ways.

m) **Every member shall sanitize their hands before using shared facilities where there is physical contact viz, drinking water tap, toilet tap, closed door and shared facilities of the activities etc.**

n) Individuals over the age of 60 years, viz. support staff, umpires, ground staff, and those individuals with underlying medical conditions such as diabetes, lung disease, weakened immunity, etc. are not recommend to participate in the physical activities.

o) Spitting and clearing of nasal/respiratory secretions on the ground or at any place other than washrooms is strictly prohibited. Members doing so shall discard the soiled tissue paper securely in the provided dustbins.

p) All staff & players in particular should have been vaccinated with double dose & they will be permitted to participate in sports activities after 14 days of 2nd dose of vaccination.

q) Swimming pool activities will not be commenced as per the Covid protocol

r) Members are required to cooperate in this regard.

6. <u>Waste Disposal: -</u>

Waste shall be disposed off in the designated waste disposal containers kept in PTAAF.

1.a. ACTIVITIES: -

Note:

1) **During the activity all members must sanitize their hands before using sharable equipment/items. Members must carry their personal sanitizer.**
2) **Between the batches of activities, equipment/items will be sanitized by the trainer/instructor/conductor/marker of respective activities/PTAAF staff.**
3) **For the resumption of activities, signing the Consent Form (Annexure-I) by all participating members and staff is mandatory.**
4) **For general information and poster, please see Annexure-II.**

Sr.	Activity	Standard Operating Procedure	Additional arrangement reqd. by PTAAF
INDOOR ACTIVITIES			
1	BADMINTON	30 min slots will be given to badminton groups. Please ensure prevalent covid protocol guidelines are followed.	
		Entry can be made from swimming pool side doors.	
		Windows to be kept open. Exhaust fans also to be used	
		25 minutes dead line will be followed strictly.Only singles will be permitted. Maximum 2 players at each court will be allowed.	

		5-minute change over and sanitization time to avoid crowding.	
		Sanitization of the player waiting area only with a solution that will not damage the surface and polish.	
		General guidelines for sensitization, social distancing and not sharing the equipment as part of common SOP of PTAAF should be followed.	
2	TABLE TENNIS	1) Social distancing shall be maintained.	
		2) Only singles will be allowed, No doubles.	
		3) Please ensure Covid protocol guidelines are followed.	
		4) Windows in TT hall to be kept open	
		6) Table tennis balls are carried by the players. Please sanitize hands as balls are shared	
		7) No sharing of bats, water bottle or napkin etc.	
		6)Table tennis balls are carried by the players. Please sanitize hands if balls are shared	

III) OUTDOOR ACTIVITIES :-
Permitted as per the COVID-19 guidelines.

IV) YOGA ACTIVITIES :- Allowed with 50% capacity as per the COVID-19 guidelines.

Annexure-I

CONSENT FORM

Member's Name:_____

Age Category:

_____

Gender:

_____

Address:

_____

Name of activities:

_____

Contact Nos.:

_____

- I hereby acknowledge the risks associated with resuming activities at the PHYSICAL TRAINING ATHLETICS & AQUATICS FACILITIES (PTAAF) facilities under the present COVID-19 pandemic situation.
- I hereby acknowledge that the risk involved, necessary precautions and the protocols for resumption of activities have been duly informed to me by PTAAF.
- I hereby acknowledge that the PTAAF cannot guarantee the complete elimination of risks posed by COVID-19 through the implementation of the precautions and protocols identified by the PTAAF.
- I hereby declare that I am willing to resume activities at PTAAF facilities on my own consent without the influence of any other party and I shall adhere to all suggested safety precautions and protocols updated from time to time.

Date & Place

Signature of member